

**PLUS APPROACH FOUNDATION
WELCOMES
GUESTS & DELEGATES
TO
PEAK 2018**

**॥ हर दम बढ़ते
कदम ॥**

The Foundation



PLUS APPROACH FOUNDATION

'Spandan'

- Established on May 25, 2011, under Charitable Trust Act.
- Registered under section 80 G of the Income Tax Exemption Act.
- Plus Approach Foundation pursuing **“Positive India Mission”**

Vision & Mission



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Vision:

To develop Positive Eco-System, Positive Thinking & Positive Actions to have Progress, Prosperity and Peace.

Mission:

“Plus Approach Foundation” aims to be the essential resource for the weaker and underserved communities of Uttarakhand state /global human society through development and deployment of programs that enable gainful employment , social empowerment , through education and skill development and behavioral modification entrusting positivism to usher sustainable positive change in their lives.

Objectives



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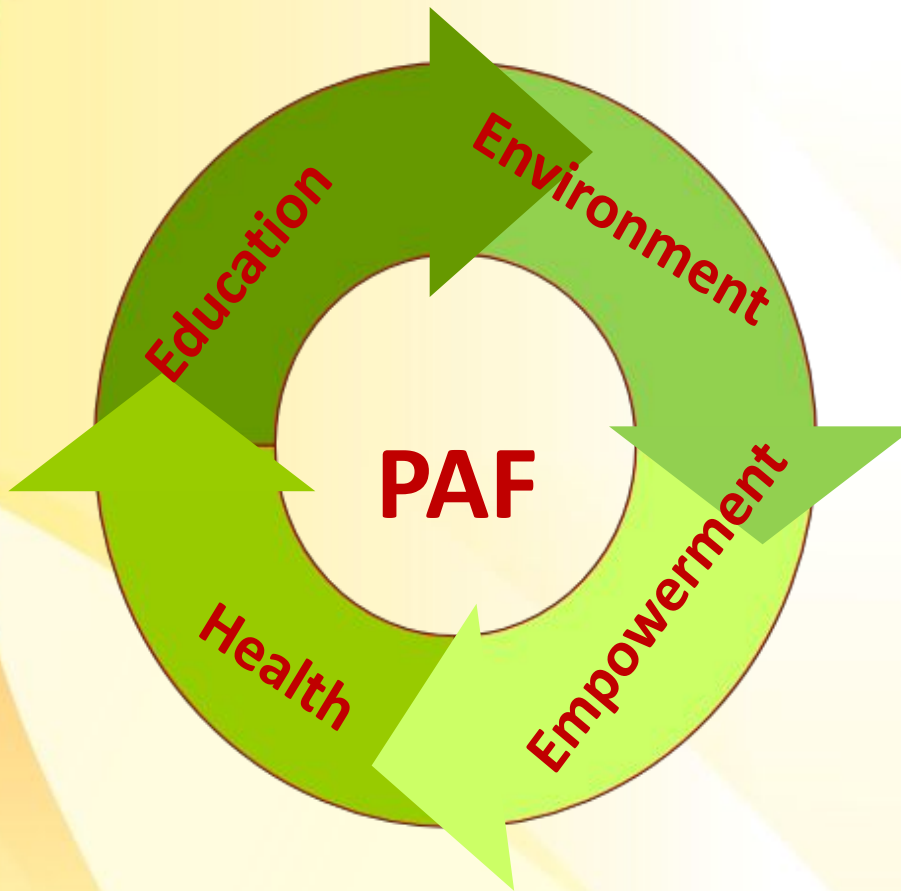
Prime objective of the foundation is:

- To enable every people, to take responsibility for the deprived situation, and motivate them to confront the situation with collective actions, and thereby giving themselves to realize their full potential.
- **Har Hath Ko Rojgar, Har Man Mai Ek Hee Vichar,
Yes, I can ! Yes, You Can ! Yes, We Can !**
- To disseminate Positive Approach among masses and Hand holding of “Poor” students to “Transform their Lives”.
- Doing research on Positive Behavior and its impact.

Projects



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All activities are aligned with the **Sustainable Development Goals** of **United Nations**.



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THE JOURNEY

The Journey So Far



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PROJECT	YEAR	BENEFIT
Dagru	2011-2014	100 + families
	2018	Restarted in Lobanj
Spandan Engineering	2011 - 2015	10 Engineers
Positivity Seminar	Since 2014	4 conclaves completed, 1000+ individuals scoring for positive transformation
WPEOP	Since 2016	150+ women unleashed their positive skills
SREE	Launched 2017	Reaching schools and villages with the concept saving resources

The Journey So Far



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PROJECT	YEAR	BENEFIT
Netra Jyoti	Since 2015	Creating support system for visually impaired
Skill Development	Launched 2018	4 youth empowered and employed
Angel Centre	Launched 2018	Empowering specially abled to be self sufficient
Lobanj Centre	Launched 2018	Vakta, Skill Development, Yes, I can, Dagra, Women Empowerment

Glimpses



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COMMENTS / SUGGESTIONS ABOUT PATIENT ALERT CENTRE / DAGRU SEVA



अल्मोड़ा नगर में पैसेंट अलर्ट सेन्टर के खुलने से नगर के बुजुर्ग पुरुषों से महिलाओं को विशेष कर स्वास्थ्य के क्षेत्र में घर पर भी स्वास्थ्य लाभ मिल रहा है, जिसे उपेक्षित वृद्ध जन में उपरोक्त सेन्टर के द्वारा समाज की मुख्य धारा में जुड़ने का फिर से मौकामिल रहा है,

में पैसेंट अलर्ट सेन्टर के संचालक मण्डल को वृद्धजनों के स्वास्थ्य सेवा के लाभ के क्षेत्र में किये जा रहे पुनीत कार्य के लिए एव सेन्टर की सफलता के लिए शुभकामनाएं प्रेषित करता हूँ,

COMMENTS / SUGGESTIONS ABOUT PATIENT ALERT CENTRE / DAGRU SEVA



Pasents Alert centre के खुलने के समय पर आयोजित कार्यक्रम में खुद सम्मिलित थी तथा उस समय पैसेंट अलर्ट सेन्टर खोलने का मूल उद्देश्य वरिष्ठ नागरिकों तथा समाज के अन्य वंचित वर्गों को स्वास्थ्य सुविधाएँ घर पर उपलब्ध करने की बात की थी, तब से लेकर आज तक इस Centre के माध्यम से लोगों की अच्छी सुविधाएँ प्राप्त हो रही हैं, घर पर ही सैम्पल कलेक्शन, डी.पी. की जांच, एग की जांच व टेलेजोनिक परामर्श मिल जा रहा है।

में Patient Alert Centre, दागु सेवा की सफलता की कामना करती हूँ।

COMMENTS / SUGGESTIONS ABOUT PATIENT ALERT CENTRE / DAGRU SEVA



यह काफी अच्छा प्रयास है दम्रू घर-घर जाकर बुजुर्गों को स्वस्थ सुविधा प्रदान कर रहे हैं, इस तरह की सेवा का विस्तार ग्रामीण क्षेत्रों में भी किया जाना चाहिए, तथा सुपर-स्पेशलिस्ट डाक्टरों जैसे हृदय रोग विशेषज्ञ, न्यूरो चिकित्सक, स्त्री रोग विशेषज्ञ की व्यवस्था कम से कम दो महीने में एक बार की जानी चाहिए तथा जिन स्थानों में चिकित्सा सुविधाओं की कमी है उन स्थानों को चिन्हित करके उन स्थानों में चिकित्सा सिविल आयोजित किये जाने चाहिए यह सेवा लगातार चलती रही यही मेरी कामना है।



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OUR FUTURE PROJECTS



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Creating Awareness Migration to Positive, Proactive and Progressive media

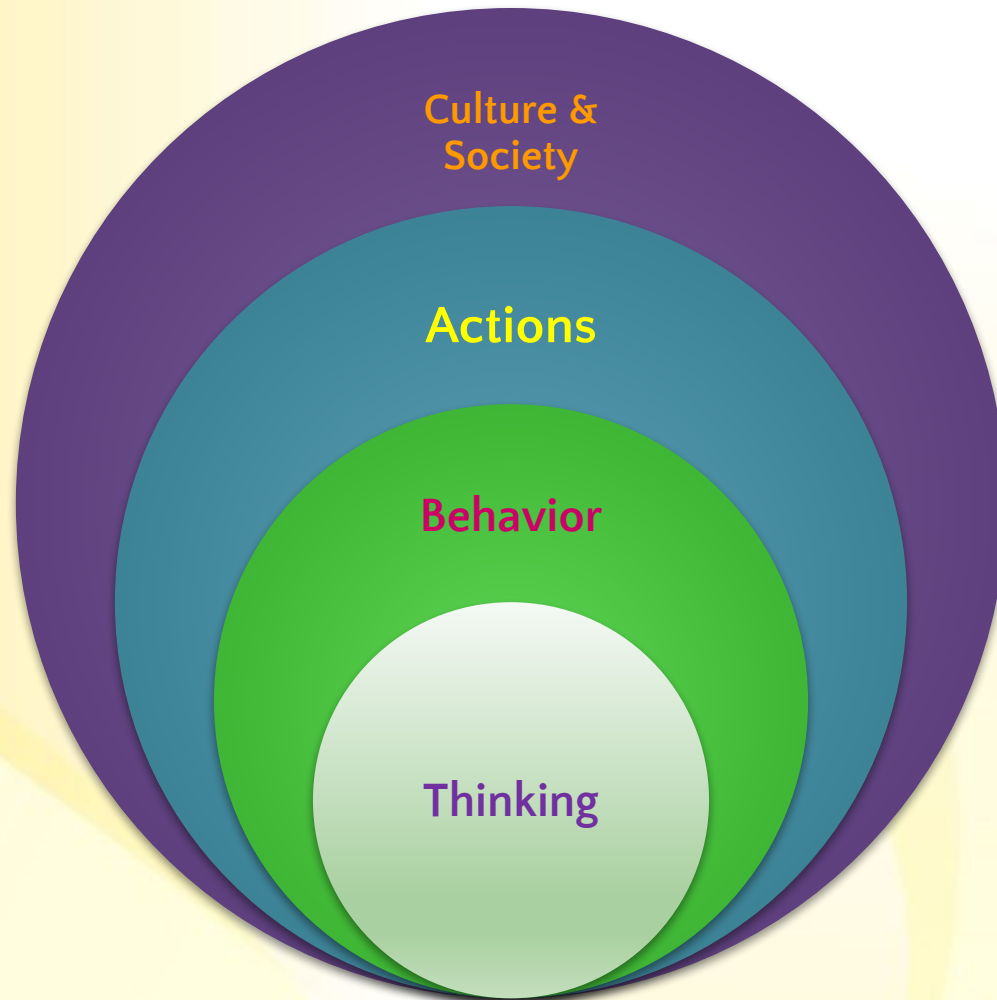
Media plays a very important role in defining a country's **Habit, Culture** and **Behavior** through **Positive Journalism**.



Soch Badlo, Aadat Badlo Apne Aap Ko Badlo

Our **Thinking** become our behavior,
Behaviour impacts our actions and our
Actions become way of life thus defining our
Culture and Society at large .

Positive thinking disseminates positive
behavior





NEED OF THE HOUR

SOCH BADLO -AADAT BADLO

- ❖ It is a transformational therapy which will form our behavior in short term and manifest as national character in the long term.
- ❖ The aim of Plus Approach Foundation is to disseminate awareness among masses on these subjects through workshops and seminars etc.



Conventional Thinking: It is the pattern of thinking, the way most of the people think.

Transformed Thinking: It is the pattern or process of thinking which converts conventional thinking to an ideology which is more inclusive than self & Society

For e.g

Conventional Thinking: My land my law- In my country, it is my law, and I will do as I wish.

Transformed thinking: Follow the law of the land – one should always follow the law of the land as a civilized society. It is essential for the development of the country.

Convention Thinking: Reactive thinking- We mostly react to the situation instead of understanding the cause and effect

Transformed thinking: Proactive thinking –It's a better way to understand the situation before acting. Most of the time one needs to preempt the impact of action. It's a habit to understand the risks and taking precautionary measures before the migration. We should be proactive in handling the case before it gets out of hand.



Mahatma Gandhi: “Be the **change** that you wish to see in the world.”

Peak world

Positive eco system

Why this subject

Positive media and eco system

National perspective of positive thinking

Media coverage



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Future Projects

On National Interest

- **Migration to Positive, Progressive & Proactive Media**
 - **Positive news and motivational/inspiring stories have a positive impact on human mind**
 - **Media plays a very important role in impacting culture & behavior of a country.**



Future Projects

Thinking impacts our action, action impact our behavior and behavior defines the culture of the society at large.

Need of the Hour is

SOCH BADLO, AADAT BADLO, APNE AAP KO BADLO

- **Research & Surveys on**
 - **Impact of Positivity at Work Place**
 - **Impact analysis of CSR Projects**
- **Rebuild my lovely schools**
- **WEPOP for women empowerment**
- **Run for self, Run for positivity, Run for Success**
- **Transforming lives through skill development programs**

‘Think positive, help others’

‘JOIN US’

Contact us

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